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Are You Praying *Biblically*, or Are You Just Praying?

LUMBERTON, NC, – Children learn to pray at meal times and at bedtime with simple prayers. But as adults facing the complexities of life, we see the need to mature in our understanding and practice of prayer. To deepen our comprehension of true, biblical prayer, we need to study the actual conversations between God and his Son Jesus Christ. In his new devotional commentary, *His Prayers and Mine*, Rick Astle brings desperately needed information to Christians on how to pray in the manner that Jesus instructed by His words and example.

“The Body of Christ needs more than just a nice thought with which to begin the day,” says Astle. “We need to be guided to the level of prayer that results in the glory of God filling the land!” J. Chris Schofield, Ph.D., writes: “By using this book, believers are challenged to study devotionally on the subject of prayer from a biblical and Christ-centered perspective.”

His Prayers and Mine is the only 365-day devotional book available “with commentary” based on the Bible’s authentic disclosure of recorded conversations between the Father and His Son on twenty-three different occasions, and on the Model Prayer. Verses from forty-eight books of the Bible are included in Astle’s insightful commentary, and each devotion concludes with a prayer prompt for that day. This book also brings a powerful teaching tool to pastors and Christian educators and is a great small groups resource that can be started at any time of the year.

His Prayers and Mine by Rick Astle (390 pages; 5.5 x 8.5; RELIGION / Christianity/ prayer; Soft Cover ISBN 978-1-7339137-0-6, \$16.99; Hard Cover ISBN 978-1-7339137-1-3, \$24.95; ebook ISBN 978-1-7339137-2-0, \$9.99) from Rick Astle Ministries, is available nationally through Ingram/Spring Arbor and online and local bookstores.

About the Author

Rick Astle is the President of Rick Astle Ministries, Inc., a ministry dedicated to helping the Body of Christ reach its prayer potential. He is a former pastor and missions director, and he has conducted prayer ministries in Haiti, Africa, and in over thirty U.S. states. Rick received his MDiv. degree from The Southern Baptist Theological Seminary, and he currently lives with his wife in Lumberton, North Carolina. For more information about Rick Astle Ministries, Inc. and to view his other books, visit www.rickastleministries.com